

1

- You can see with your eyes.
- You can touch with your skin.
- You can hear with your ears.
- You can taste with your tongue.
- You can smell with your nose.

2

- a** cerebrum
- b** skull
- c** cerebellum
- d** brain stem

3

- muscles: biceps, triceps, quadriceps, trapezius
- bones: pelvis, spine, skull, ulna

4

- a** 4
- b** 3
- c** 5
- d** 2
- e** 1

5

- a** do some exercise
- b** have a check-up
- c** get enough sleep
- d** share your problems

6

- Doing exercise makes your muscles and bones stronger.
- Eating too much salt is bad for your blood pressure.
- Having a check-up is when a doctor checks your health.
- Sleeping well helps your body repair its body systems.
- Washing your hands stops germs from spreading.
- A proper posture is important for your locomotor system.
- When you are standing, keep you back straight.